



Day One

Concludes when:

- * Family chooses to no longer participate.
- *
- * Family moves out of the area and/or is transitioned to another appropriate service.
- *
- * Family “graduates” by either completing program requirements or the youngest child turns 4 years old



Main Office

1044 US HWY 23 North

Alpena, MI 49707

989-356-4567

www.cfsnemi.org

LIKE us on FACEBOOK!

Day One is “FREE” and has no income requirements!

Day one does not provide individual counseling, therapy, transportation, or financial assistance. Referral to those services is available upon request.

November 2013



CHILD & FAMILY SERVICES

311 Lake St. PO Box 327

Harrisville, MI 48740-0327

989-724-6757-ext 1863

Fax: Number 989-343-1894

Brenda K. Forsythe FSW 989-305-5440

Sue Lovelace RN 989-820-5461

DAY ONE PROGRAM





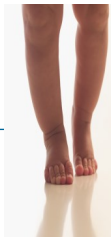
Day One Program

Promotes health & development for moms in 3rd trimester of pregnancy & infants up to two months for enrollment.

Promotes health & child development for children ages 0 through age 3.

Provides parenting education & support

Uses a screening tool to make sure child is developing according guidelines.



Alcona County

Day one is a strength based program. This means that instead of focusing on the things that aren't working, the focus is building upon the family's existing strengths to make things better. We recognize the family as the focal point for your child's well being.

Day One serves pregnant mothers and families with children birth through age 3.

The program is confidential and on a completely voluntary basis. Families can enroll in the program at their own request or can be referred by others.

Each enrolled family will receive home visits from an experienced Family support worker that is trained in child health & development and parenting support.

Family goals are tailored to each individual family. One hour home visits will take place 1 to 4 times monthly depending on the family's goals and level of service. We have a team that consist of a nurse, social worker and family support worker.

Home visits consist of discussion and activates concerned with your child's health & development, parenting support , and connections with other community resources.



2013 Tips:

- ◆ Learning begins @ birth
- ◆ The brain is 80% developed by the age of one.
- ◆ From age of 1 to age 3 the brain has developed 10% more.
- ◆ Read Read and Read to your unborn infant/child.
- ◆ Play Play and Play with infant/child. Interaction with parent and family is vital to an infant/child's growth!
- ◆ Nursery rhymes, music and movement is so important. So get started. Laugh love, kiss , hug and just enjoy that great bundle of joy that you have given life too.
- ◆ Outside play and interaction is needed and will help you infant/child sleep so much better.
- ◆ Many household items can be made into educational/developmental appropriate toys!
- ◆ As soon as child able-teach name, address and phone number
- ◆ Only 1 hour of TV
- ◆ Only use genuine compliments